



Shifra Homes Inc.

Annual Report 2016

Welcome to our Annual Report for 2016

We are extremely happy to share with you our accomplishments and updates regarding the past successful year at Shifra Homes.

Board of Directors

Randy Matters – President of the Board
Geoff Cauchi – Vice President
Jordan Matters – Treasurer
Heather-Anne McDougall – Secretary
Antoinette Mendes de Franca – Board Member

Funding

The following Foundations and Businesses provided tremendous support for our programs last year. These are our top 5 donors:

- Halton Region
- Burlington Foundation
- Oakville Community Foundation
- Hadrian Manufacturing
- Sealed Air (Charity Golf Tournament)

SHIFRA HOMES INC.**STATEMENT OF OPERATIONS***Year ended December 31*

	2016	2015
	\$	\$
REVENUES		
Donations - General	124,945	137,241
Donations - Angel Program	13,265	16,990
Donations - Baby Bottle Program	31,262	35,279
Donations - Foundations and Grants	111,921	78,766
Residential Contributions	40,143	31,535
Other Income	250	9,403
	321,786	309,214
EXPENDITURES		
Administration and postage	4,606	3,504
Advertising	681	590
Bank charges	752	827
Computer equipment	-	1,371
Fundraising	634	207
Household and food	18,582	15,790
Insurance	2,526	4,513
Membership and education	1,035	960
Miscellaneous	78	2,263
Professional fees	6,249	7,064
Program	53,764	40,941
Rent	19,416	19,122
Repairs and maintenance	35,959	12,014
Staff and personnel	149,402	132,346
Telephone	7,439	4,522
Travel and mileage	7,449	4,543
Utilities	6,397	5,629
	314,969	256,206
EXCESS OF REVENUES OVER EXPENDITURES	6,817	53,008

(See accompanying Notes to Financial Statements)

Thank You!

We would like to express our utmost gratitude to the following organizations, agencies, businesses, and individuals for their amazing support in this past year:

- ADAPT
- Art Gallery of Burlington
- Baby Friendly Initiative
- Beginnings Adoption Agency
- Bethel CRC
- Bridging the Gap
- Burlington Alliance Church
- Burlington Area Midwives
- Burlington Christian Fellowship
- Burlington Foundation
- Burlington Professional Firefighters' Association
- Burlington Public Library
- Canadian Mental Health Association
- Canadian Million Dollar Roundtable Foundation
- Catholic Women's League
- Cedar Springs Dental
- Children's Aid Society Workers
- Crock a Doodle Burlington
- Drummond House
- Faith CRC
- Family Home Visitors
- Food for Life
- Halton Alive
- Halton Breastfeeding Network
- Halton Catholic District School Board
- Halton District School Board
- Halton Prenatal Network
- Halton Regional Police
- Halton Women's Centre
- Halton Women's Place
- Healthy Babies Healthy Children
- Home Suite Hope
- Joseph Brant Hospital
- Julie Rock Photography
- Junior League of Hamilton-Burlington
- Knights of Columbus Councils
- MCIS Language Solutions
- McMaster University
- Mohawk College
- My Place
- New Street CRC
- Oakville Community Foundation
- Oh So Savvy Photography
- Our Place Peel
- Peel Youth Village
- Psychotherapy with Christina Janiga
- Public Health Nurses
- Reach Out Burlington
- Refresh Foods
- Region of Halton
- Rotary Lakeshore Club
- Rotary North Burlington
- Salvation Army
- Seventh Day Adventists Oakville
- Sheridan College
- Sophia's Bows
- Soroptimist International
- St. Michael's Parish
- St. Patrick's Church
- St. Paul the Apostle Parish
- St. Raphael's Parish
- St. Stephen's United Church
- The Centre for Skills
- The Regional Municipality of Halton
- The ROCK
- The Women's Centre
- Toronto Pregnancy Centre
- Victim's Services Peel
- YMCA- Employment Services
- 40 Days of Life

Statistics for 2016

• Young women served:	37
• Babies:	32
• Family/Partners:	24
• Outreach clients:	39
TOTAL:	132

Accounting Updates

2016 was the second year in a row that we crossed \$250,000 in revenue, and as a result we have audited financial statements available. We are extremely proud of this remarkable accomplishment for Shifra Homes.

Donations receipts are currently being issued immediately upon processing of the donation, except for monthly donors who will continue to receive one donation slip at the beginning of the following tax year.

We are working hard to keep all financials transparent for donors and the community to access and understand our program operations.

Programs

The Residential Program:

Our primary program has continued to operate with a 100% success rate. Our young mothers receive eye care, dental care, prenatal and postnatal care, psychotherapy, housing assistance, nutrition, education supports, career supports, and consistent care and compassion. We empower these women to become the best versions of themselves

The Seeds of Hope Program:

We have provided rent supplements for 5 young families in 2016. Our previous residents have received continued access to counselling, food, clothing, baby items, and our love and support as they have learned to raise their children in the community. Our Shifra family continues to grow as each mother and child move out on their own.

We had one of our young mothers apply to, get accepted into, and start an Architectural Technology Program at George Brown College. We also have a young mother finishing Nursing at McMaster University. These are just some of the highlights and accomplishments of our girls.

Programs

The Outreach Client Program:

Over the past year, we have been able to provide more of our Psychotherapy program to potential clients that have been on our waiting list. This has allowed for a smoother transition into our home while they wait for a bed. It has allowed us to assist women who could not access our residence but could still benefit from our resources. We saw improved dispositions and attitudes from these women as they accessed our services. Family members and workers noted the positive change in demeanor of those who were able to receive our supports and assistance. We plan to continue to deliver this program for years to come.

The Family/Partner Support Program:

We have continued to work with family members and the parenting fathers of babies over the last year. Broken family dynamics have been mended, healed and rebuilt. We have guided young fathers on the expectations and responsibilities of being a parent. Our young families have thrived as a result of our holistic approach to coaching and guiding them.

Message from the Executive Director

As I reflect on my journey at Shifra Homes I find myself smiling and feeling extremely proud. People often ask me about my work and I honestly tell them that the business component comes very easy to me as a former business owner. I also tell them that the work that I do here is so emotionally difficult. Imagine having a young woman's life in your hands. Now imagine that this young woman is pregnant and has been homeless. Not to mention the circumstances that was once her life and the events that led up to her needing to turn to Shifra Homes for shelter and support in her journey. Each young woman is admitted with the clothes on her back and the future of our society in her womb. She is young, alone, unsupported and scared.

At Shifra Homes we strive to build an environment which is embracing and nurturing for our residents. Our atmosphere is one in which we strive to encourage and develop a sense of stability, support and family. We teach these young women life skills, provide them with support and counseling, empower them and encourage their growth as individuals and mothers. Our residents are required to continue schooling and their education while residing in our Home. We help them with job-searching, and assist them in learning about and nurturing the early childhood development of their infants. Shifra Homes is a house filled with love.

Even in surrounding regions, our programs differ from other shelters and maternity resources in several aspects. Firstly, we operate to provide a family dynamic, where these young women can learn what it means to live in a stable, supportive environment with healthy relationships and consistent care. This is an integral component to our Residential Program because we work to break the cycle and history of hurt and neglect that these women have endured, and introduce an entirely new lifestyle to them. Secondly, we act as both a shelter and a resource centre for our current and previous residents, whereas other organizations predominantly only provide one service or the other. This dual service provision of our Home is a defining feature of why our residents are successful and never return to homelessness following discharge. Thirdly, through the implementation of our Seeds of Hope Program, we have given these previously at-risk youth that much needed additional support to ensure that they remain successful for years following discharge. Additionally, our program accepts women from a larger age range: 16-27, whereas most shelters only accept either teens or adult women.

At this time I would like to take the opportunity to thank each and every one of you that in some way donates, helps and supports Shifra Homes. People often say: "this is all I can donate, help, support or do and it is small." There is no such thing as small, too little or not enough in our vocabulary. It is all of the little things that each and every one of you do that comes together as something big and provides us with the opportunity to continue to operate Shifra Homes and to ensure that our young women and their precious babies are able to get the shelter, support and services that they need. I would like to thank our donors, our funders, our community support, community partners and agencies, volunteers, students, our staff and our Board of Directors for holding my hand in this beautiful journey and for allowing me the opportunity to make a difference in the lives of our young moms and babies.

With sincere gratitude
Nancy Romic